



# Democr Art

**Chania, Crete**

April 30th - May 7th, 2023

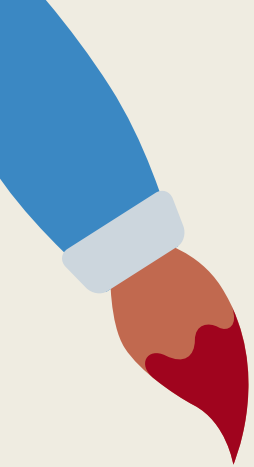


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# About the project



**DemocrArt utilizes Art as a medium of learning and communicating. More specifically, the young participants will enhance their level of knowledge about the European Union and its key democratic values.**

**The daily thematic sessions and activities will focus on topics such as democracy, freedom, pluralism, equality and many more. As for the general outcome, the participants will become familiar with these values and the European Union, using Art to conquer that knowledge.**

**At the end of the Exchange, a booklet containing the material developed by the participants during the project will be produced. The participants will also be provided with the Youthpass, as proof of their acquired skills and qualifications.**



# Participants' Profile

**Each group should consist of 9 young participants**

## **Profile of participants:**

- **young people (18-28 years old)**
- **interested in visual arts, democracy and humanitarian values**
- **motivated to work in a multicultural environment**
- **looking to increase their level of understanding regarding the European Union**
- **can understand and communicate in English**
- **Neets, facing socio-economic struggles**



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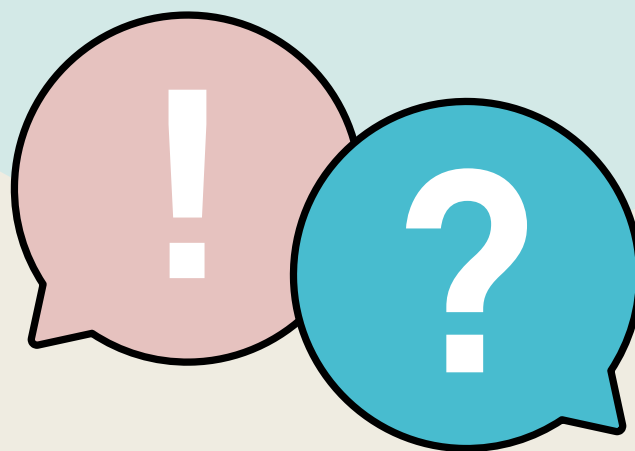
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# Working Method

**The Exchange utilizes a variety of engaging, non-formal education methods to achieve its goals.**

**The participants will learn and express themselves through art workshops, letting their creativity flow and working in mixed groups from all the participating countries. They will also take part in entertaining outdoor activities and fruitful discussion, all centered around the focal points of the Exchange.**

**Additionally, they will work in groups to create a podcast, narrating their experiences during the Exchange and communicating them to a broader audience!**



# Communication & Dissemination



**The participants will play a key role in the dissemination of the Exchange's results ahead, during and after the activities.**

**Facebook and Whatsapp: Ahead of the Exchange, the participants are encouraged to join the private groups to break the ice and get to know each other! During the activities, they will share their experiences and utilize them for interla communication and other tasks.**

**Websites: After the Exchange, the participants will contribute to the testimonial of the Exchange posted on each partners' website.**

**e-Booklet and podcast: The artwork produced during the workshop will be included in the e-Booklet, the final product of the Exchange. The participants will also record a podcast detailing their experience. Both will be used to disseminate the project's result to larger audiences.**

**Local media: Once the Exchange is over, each partner will organize local events, during which the participants will serve as ambassadors, communicating their experience to local media but also their own social circle.**

**Follow-up meeting: The participants will take part in a follow-up meeting, where they will talk about what they gained from the project and how they use the learned skills on their daily lives.**





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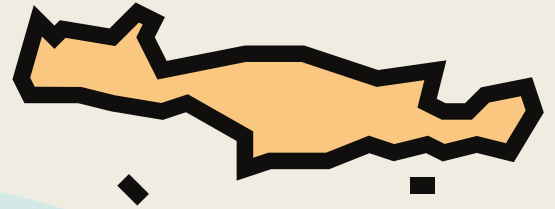
## Coordinator

**The Institute of Research & Training on European Affairs - I.R.T.E.A., an innovative Think Tank in Greece and Europe, is the coordinator of the Project. You may find more information on [www.irtea.gr](http://www.irtea.gr). For any further information do not hesitate to contact us via e-mail: [irtea.greece@gmail.com](mailto:irtea.greece@gmail.com) or call us on +30 2130250217.**

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## A few words about Crete

**Crete (Greek: Κρήτη Kriti; [kriti]) is the largest and most populous of the Greek islands, the fifth-largest island in the Mediterranean Sea, and one of the thirteen administrative regions of Greece. It forms a significant part of the economy and cultural heritage of Greece while retaining its own local cultural traits (such as its own poetry, and music). Crete was once the center of the Minoan civilization (c. 2700– 1420 BC), which is currently regarded as the earliest recorded civilization in Europe.**





## **A few words about Chania**

**Chania (Greek: Χανιά, [xa'ɲa]) is the second largest city of Crete and the capital of the Chania regional unit and it lies along the north coast of the island.**

**The city of Chania is located on the north-east part of the Prefecture of Chania. It is the capital of the prefecture and its administrative, economic, commercial and transportation center. It has a population of over 60.000 residents and is built over the ruins of the ancient city of Kydonia. The beautiful city of Chania managed to preserve its original colors and historical character, despite the fast-growing tourist industry. It is considered as one of the most beautiful cities of Greece and the most picturesque city of Crete. The city of Chania is, also, characterized by a rich cultural life. A lot of cultural events are organized every year (exhibitions, festivals, theatrical and musical performances, ect.)**

**The city has an airport and the port of Souda, the largest natural port of the Mediterranean.**

**The Venetian port provides pleasant promenades through picturesque streets and attracts many visitors throughout the year. There are also many bars and restaurants by the seaside for every taste. The districts of the city outside the walls still preserve their Venetian nobility. Narrow passages surrounded by elegant houses built in different historical periods offer visitors pleasant routes to discover.**







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## Your accommodation

The project activities will be held in Chania, Crete. The participants will be accommodated in the “Camping Chania”, where the activities will be held as well. All the participants will be accommodated in fully equipped bungalows that host 4 people.

Camping Chania is situated in a local beauty spot known as Ag. Apostoli. There are four small sandy beaches all within walking distance, the closest one being just 100m away and the farthest one only 300m away from the camping.

There is also a large natural park offering shaded picnic areas. Approximately 5 Kilometers from the city of Chania, the campsite is easily reached by road and accessed by local public transport.

You may find out more details about the camping in:  
<http://www.camping-chania.gr>

**! Don't forget to bring your own towels and sunscreen (you will, also, need them for the beach)!**







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## **Alimentation**

**As far as your nutrition is concerned, it is 100% covered by the Programme. Breakfast, lunch and dinner will be served in the camping. (in Greece you do as Greeks do, so exceptionally traditional Greek food is on the menu).**

**The participants that have any specific nutrition needs (e.g. allergies, intolerance) need to notify their leader in order to make the necessary arrangements.**

## **Insurance coverage**

**The participants that are citizens of EU member states are obligated to have their European Health Card. As far as the non-EU member states' citizens, the receiving organization will provide them private insurance.**



## Arrival & Departure

**Travel Days:** The participants' arrival day is April 30th 2023 and their departure day is May 7th 2023.

**Training:** The activities of the Project will be held from May 1st 2023 to May 6th 2023

The participants and the group leader will individually arrange their transportation to and from Chania within the travel days (we would like to remind you that the flight tickets need to be economy class). The ticket costs will be refunded to each participant as soon as you arrive at your country and send us all the boarding passes. If the ticket cost exceeds the maximum travel budget (see below) the participant should cover the difference.



## ATTENTION!

**ALL PARTICIPANTS NEED TO BRING AND SUBMIT THE ORIGINAL TICKETS, INVOICES WHERE THE PRICE IS SHOWN AS WELL AS THE BOARDING PASSES IN ORDER TO GET THEIR REFUND.**

The reimbursement procedure is followed on the basis of original documents that will be requested to the participants

Invoices should be in **EUR** and **your names** should be written on the invoices. If the participants do not submit the respective original documents to us, their payment will not be refundable.

COUNTRY	MAX BUDGET PER PARTICIPANT
LATVIA	360
POLAND	275
PORTUGAL	360
LITHUANIA	360
GREECE	180







## Weather

The weather during the days of the Project in Crete will be mostly warm and sunny, with some little possibility of light rain and wind. You can check the weather forecast in <http://www.gismeteo.com> before your arrival.

Do not forget to take a warm jacket for the evenings as well as your swimming suit, as a marvelous beach will be waiting for us!

### Useful contact information

**National Emergency Number: 100**

**National Hospital number: 166**

**European Emergency Number: 112**

**IRTEA's Office Number: 0030 213 0250217**



## Your way from the Airport to the Camping

- For those who arrive at Chania airport, you take the local coach line (KTEL bus) outside of the airport to the city centre of Chania. The ticket costs 2,30 EUR. Next to the final stop is square called 1866. There, you have to take the bus 21 and ask the driver to get off at the camping Chania.

- For those who arrive at Heraklion airport, you need to take a 2,5 hour bus to Chania city centre. Next to the final stop is square 1866. There, you have to take the bus 21 and ask the driver get off at the camping Chania.

**PS.:** For any question you may have you may ask the bus drivers, other passengers or people that work at the airport in order to help you out!

### Inter Cultural Evening



A special evening will be dedicated in presenting each participating country to the other participants. Please prepare a short presentation about your country focused on culture and bring along traditional music, food or anything else you would like to show and share with the other participants. Each delegation will have 5 minutes in total. After all presentations we will hold a small party.

