Digital Youth & Digital Youth Dependency

# Chania, Crete May 8th - May 15th, 2023

Funded by the Erasmus+ Programme of the European Union







# About the project

This Exchange aims to enhance the participating Youth Workers' level of knowledge on Digital Youth Work, its efficiency in the post-COVID era and its many benefits for their professional lives. It also seeks to examine the topic of youth's addiction to technology, and how youth work can offer a viable solution to this issue.

The exchange will include sessions where policies, strategies and practices will be presented and ananlyzed in order to help the participants increases their levels of comprehension.

Moreover, it offers many opportunities for Youth Workers to network on an international environment!



## **Participants' Profile**

Each group should consist of 9 participants from each partner organization

### **Target Group: Youth Workers**

Participants' profile:

People that are interested in interpersonal relations and work in an intercultural environment
Available to take part in the whole duration of the project
Interested in creating a community where we will debate, ask ourselves and others, think, learn from each other
Interested in digital youth work
Creative, passionate
Aged over 18 years old

·Gender (for reason of gender equality)

Selection procedure:

• Discriminatory criteria are not to be considered during the selection procedure

• Applicants need to express their interest by filling the online application form









## **Working Method**

The project utilizes many methods of nonformal learning in order to successfully achieve its goals. More specifically, all workshops are being carried out in groups, using an interactive and participatory approach that enhances the team spirit and enables participants to constructively express themselves. The sessions are built on practices like round tables, non- formal discussions and outdoor activities since they support the friendly atmosphere within the group. In addition, the project uses quizzes, polls and peer-learning, further encouranging the educational process through direct, interpersonal interaction.

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The participants will play a key role in the dissemination of the Exchange's results ahead, during and after the activities.

Facebook and Whatsapp: Ahead of the Exchange, the participants are encouraged to join the private groups to break the ice and get to know each other! During the activities, they will share their experiences and utilize them for interla communication and other tasks.

Websites: After the Exchange, the participants will contribute to the testimonial of the Exchange posted on each partners' website.

Local media: Once the Exchange is over, each partner will organize local events, during which the participants will serve as ambassadors, communicating their experience to local media but also their own social circle.









The participants will have to fulfill the following tasks:

Preparatory meeting: The participating Youth Workers will have to participate in the preparatory phase of the project, by attending the meeting hosted by the sending organization. They will also contribute feedback about the activities to be implemented.

e-Booklet: As a result of the activities, the participants will produce an e-Booklet containing practices tied to the use of digital tools in modern youth work. After the project, they will help disseminate the booklet to a wider audience.

Follow-up meeting: The participants will take part in a follow-up meeting, where they will talk about what they gained from the project.











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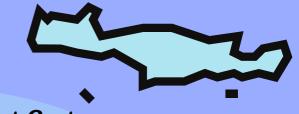
### Coordinator

The Institute of Research & Training on European Affairs - I.R.T.E.A., an innovative Think Tank in Greece and Europe, is the coordinator of the Project. You may find more information on www.irtea.gr. For any further information do not hesitate to contact us via e-mail: irtea.greeece@gmail.com or call us on +30 2130250217.









#### A few words about Crete

Crete (Greek:  $K\rho\eta\tau\eta$  Kríti; [kriti]) is the largest and most populous of the Greek islands, the fifth-largest island in the Mediterranean Sea, and one of the thirteen administrative regions of Greece. It forms a significant part of the economy and cultural heritage of Greece while retaining its own local cultural traits (such as its own poetry, and music). Crete was once the center of the Minoan civilization (c. 2700- 1420 BC), which is currently regarded as the earliest recorded civilization in Europe.









#### A few words about Chania

Chania (Greek: Χανιά, [xa'ɲa]) is the second largest city of Crete and the capital of the Chania regional unitand it lies along the north coast of the island.

The city of Chania is located on the north-east part of the Prefecture of Chania. It is the capital of the prefecture and administrative. economic. commercial and its transportation center. It has a population of over 60.000 residents and is built over the ruins of the ancient city of Kydonia. The beautiful city of Chania managed to preserve its original colors and historical character, despite the fastgrowing tourist industry. It is considered as one of the most beautiful cities of Greece and the most picturesque city of Crete. The city of Chania is, also, characterized by a rich cultural life. A lot of cultural events are organized every year (exhibitions, festivals, theatrical and musical performances, ect.)

The city has an airport and the port of Souda, the largest natural port of the Mediterranean.

The Venetian port provides pleasant promenades through picturesque streets and attracts many visitors throughout the year. There are also many bars and restaurants by the seaside for every taste. The districts of the city outside the walls still preserve their Venetian nobility. Narrow passages surrounded by elegant houses built in different historical periods offer visitors pleasant routes to discover.













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#### Your accommodation

The project activities will be held in Chania, Crete. The participants will be accommodated in the "Camping Chania", where the activities will be held as well. All the participants will be accommodated in fully equipped bungalows that host 4 participants.

Camping Chania is situated in a local beauty spot known as Ag. Apostoli. There are four small sandy beaches all within walking distance, the closest one being 100m away and the most far 300m away from the camping.

There is also a large natural park offering shaded picnic areas. Approximately 5 Kilometers from the city of Chania, the campsite is easily reached by road and accessed by local public transport.

You may find out more details about the camping in: http://www.camping-chania.gr

> ! Don't forget to bring your own towels and sunscreen (you will, also, need them for the beach)!













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#### Alimentation

As far as your nutrition is concerned, it is 100% covered by the Programme. Breakfast, lunch and dinner will be served in the camping. (in Greece you do as Greeks do, so exceptionally traditional Greek food is on the menu).

The participants that have any specific nutrition needs (e.g. allergies, intolerance) need to notify their leader in order to make the necessary arrangements.

#### Insurance coverage

The participants that are citizens of EU member states are obligated to have their European Health Card. As far as the non-EU member states' citizens, the receiving organization will provide them private insurance.











#### Arrival & Departure

Travel Days: The participants need to arrive at Chania on the 8th of May, 2023 and depart on May 15th 2023.

Training: The activities of the Project will be held from May 9th to May 14th, on working hours 9-5.

The participants and the group leader will arrange individually their transportation to and from Chania within the travel days (we would like to remind you that the flight tickets need to be economy class). The ticket costs will be refunded to the participant as soon as you arrive at your country and send us all the boarding passes. If the ticket cost exceeds the maximum travel budget (see below) the participant should cover the difference.









#### **ATTENTION!**

ALL PARTICIPANTS NEED TO BRING AND SUBMIT THE ORIGINAL TICKETS, INVOICES WHERE THE PRICE IS SHOWN AS WELL AS THE BOARDING PASSES IN ORDER TO GET THEIR REFUND.

The reimbursement procedure is followed on the basis of original documents that will be requested to the participants

Invoices should be in EUR and your names should be written on the invoices. If the participants do not submit the respective original documents to us, their payment will not be refundable.

COUNTRY	MAX BUDGET PER PARTICIPANT
POLAND	275
ROMANIA	275
ITALY	275
LITHUANIA	360







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#### Your way from the Airport to the Camping

- For those who arrive at Chania airport, you take the KTEL bus outside of the airport to the city centre of Chania. The ticket costs 2,30 EUR. Next to the final stop there is square called 1866 and from there you have to take the bus 21 and ask the driver to get off at the camping Chania.

- For those who arrive at Heraklion airport, you need to take a 2,5 hour bus to Chania city centre. Next to the final stop there is square 1866 and from there you have to take the bus 21 and ask the driver get off at the camping Chania.

PS.: For any question you may have you may ask the bus drivers, other passengers or people that work at the airport in order to help you out

**Inter Cultural Evening** 

A special evening will be dedicated in presenting each participating country to the other participants. Please prepare a short presentation about your country focused on culture and bring along traditional music, food or anything else you would like to show and share with the other participants. Each delegation will have 5 minutes in total. After all presentations we will hold a small party.









#### Weather

The average temperature, during the days of the Project in Crete, it will be between 14oC and 23oC degrees, while the weather will be sunny most of the days, but with some rain as well. You can check the weather forecast in http://www.gismeteo.com before your arrival.

Do not forget to take a warm jacket for the evenings as well as your swimming suit as a marvelous beach will be waiting for us!

Useful contact information National Emergency Number: 100

National Hospital number: 166

European Emergency Number: 112







