

INSTITUTE OF RESEARCH &TRAINING ON EUROPEAN AFFAIRS

Infopack Guide



Life in Plastic is NOT Fantastic





Funded by the Erasmus+ Programme of the European Union

About "Life in Plastic is NOT Fantastic" Project

During the 6th cycle of the EU Youth Dialogue, young people expressed their concerns about the future and contributed to the development of the EU Youth Strategy 2019-2027 by setting goals that reflect their vision on the Youth field. One of the eleven goals set up concerned the environmental sector under the title "Sustainable Green Europe". To this end, and based on the priority set by the European Commission for plastic waste and management, we developed the idea of the "Life in plastic is NOT fantastic" project.

The overall aim of this Youth Exchange is to gather young people who are sensitive on ecology and environmental issues to raise awareness on plastic waste within our everyday lives. Through the project activities and the development of a comic e-booklet that the participants will create during their participation to the Youth Exchange, the project aims to promote a sustainable way of living, generate and disseminate green lifestyle by exploring the role of creativity and art.

The project seeks to inspire young people to interact with each other, share their experience, exchange their knowledge on the topic of the Exchange and explore creative ideas dealing with ecoissues. The project is based on non- formal learning, contains set of activities which are innovative, non-formal and experiential. The results of the Youth Exchange are the creation of an e-booklet which will present comics depicting the waste of plastic within our everyday lives in a direct, funny and provocative way as well as a social media campaign. Thus, the project, through creative and artistic activities, aims to enhance the awareness of the participants while at the same time provide tools for raising concerns on the plastic waste in a wider audience.

The young people participating to the project will develop their creative, digital, communication skills, will increase their critically thinking towards the challenges of the issue of the project while they will explore the use of social media and comics as tools to raise awareness and shift society mindsets on environmental issues.

Active citizenship, empowerment of participation in the social life and promotion of intercultural learning are goals to be achieved through the project which perfectly match with the priorities and aims of the Erasmus+ in the Youth sector, especially the

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youth mobility activities. Finally, the project seeks to enhance knowledge and spread awareness on EU and national policies on plastic waste as well as encourage people to look for alternatives on the use of plastic within their everyday lives.

Coordinator

The Institute of Research & Training on European Affairs-I.R.T.E.A., an innovative Think Tank in Greece and Europe, is the coordinator of the Project. You may find more information on <u>www.irtea.gr</u>. For any further information do not hesitate to contact us via e-mail: <u>irtea.greeece@gmail.com</u> or call us on: 0030 2130250217.

Do not forget to request to join the Facebook group of the Project so as to immediately informed about its details and contact other participants as well. You may find the Facebook Group <u>here</u>.

A few words about Chania, Crete

Crete (Greek: Κρήτη*Kríti*; [kriti]) is the largest and most populous of the Greek islands, the fifth-largest island in the Mediterranean Sea, and one of the thirteen administrative regions of Greece. It forms a significant part of the economy and cultural heritage of Greece while retaining its own local cultural traits (such as its own poetry, and music). Crete was once the center of the Minoan civilization (c. 2700–1420 BC), which is currently regarded as the earliest recorded civilization in Europe.



Chania (Greek: Χανιά, [xa'ŋa]) is the second largest city of Crete and the capital of the Chania regional unitand it lies along the north coast of the island.

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The city of Chania is located on the north-east part of the Prefecture of Chania. It is the capital of the prefecture and its administrative, economic, commercial and transportation center. It has a population of over 60.000 residents and is built over the ruins of the ancient city of Kydonia. The beautiful city of Chania managed to preserve its original colors and historical character, despite the fast-growing tourist industry. It is considered as one of the most beautiful cities of Greece and the most picturesque city of Crete. The city of Chania is, also, characterized by a rich cultural life. A lot of cultural events are organized every year (exhibitions, festivals, theatrical and musical performances, ect.)

The city has an airport and the port of Souda, the largest natural port of the Mediterranean.

The Venetian port provides pleasant promenades through picturesque streets and attracts many visitors throughout the year. There are also many bars and restaurants by the seaside for every taste. The districts of the city outside the walls still preserve their Venetian nobility. Narrow passages surrounded by elegant houses built in different historical periods offer visitors pleasant routes to discover.

Your accommodation





The project activities will be held in Chania, Crete. The participants will be accommodated in the "Camping Chania", where the activities will be held as well. All the participants will be accommodated in fully equipped bungalows that host 4 participants.

Camping Chania is situated in a local beauty spot known as Ag. Apostoli.

There are four small sandy beaches all within walking distance, the closest one being 100m away and the most far 300m away from the camping. There is also a large natural park offering shaded picnic areas. Approximately 5 Kilometers from

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the city of Chania, the campsite is easily reached by road and accessed by local public transport

You may find out more details about the camping in: http://www.camping-chania.gr

! Don't forget to bring your own towels and sunscreen (you will, also, need them for the beach)!

Nutrition

As far as your nutrition is concerned, it is 100% covered by the Programme. Breakfast, lunch and dinner will be served in the camping. (in Greece you do as Greeks do, so exceptionally traditional Greek food is on the menu)

The participants that have any specific nutrition needs (e.g. allergies, intolerance) need to notify their leader in order to make the necessary arrangements.

Insurance cover

The participants that are citizens of EU member states are obligated to have their European Health Card. As far as the non-EU member states' citizens, the receiving organization will provide them private insurance.

Arrival & Departure

Travel Days: The participants need to <u>arrive</u> at Chania on **Saturday**, **12th of October 2019** and <u>depart</u> on **Sunday**, **20th of October 2019**.

Training: The activities of the Project will be held from Sunday , 13th of October 2019 to Saturday, 19th of October 2019.

The tickets will be booked by the participant (we would like to remind you that the flight tickets need to be *economy class*) and the ticket cost will be refunded to the participant as soon as you arrive at your country and send us all the

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boarding passes.<u>If the ticket cost exceeds the maximum travel budget (see below) the participant should cover the difference.</u>

Country	Max travel budget per person
Romania	275€
Finland	360€
Latvia	360€
Cyprus	275€
Lithuania	275€
Greece	20€

ATTENTION!

ALL PARTICIPANTS NEED TO BRING AND SUBMIT THE ORIGINAL TICKETS, INVOICES WHERE THE PRICE IS SHOWN AS WELL AS THE BOARDING PASSES IN ORDER TO GET THEIR REFUND.

Invoices should be in EUR and your names should be written on the invoices. If the participants do not submit the respective original documents to us, <u>their</u> <u>payment will not be refundable</u>.

Your way from the Airport to the Camping

For those who arrive at Chania airport, you take the KTEL bus outside of the airport to the city centre of Chania. The ticket costs 2,30 EUR. Next to the final stop there is square called 1866 and from there you have to take the bus 21 and ask the driver to get off at the camping Chania.

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2) For those who arrive at Heraklion airport, you need to take a 2,5 hour bus to Chania city centre. Next to the <u>final stop</u> there is square 1866 and from there you have to take the **bus 21** and ask the driver get off at **the camping** Chania.

PS.: For any question you may have you may ask the bus drivers, other passengers or people that work at the airport in order to help you out.

Inter Cultural Evening

A special evening will be dedicated in presenting each participating country to the other participants. Please prepare a short presentation about your country focused on culture and bring along traditional music, food or anything else you would like to show and share with the other participants. Each delegation will have 5 minutes in total. After all presentations we will hold a small party.

Weather

The average temperature, during the days of the Project in Crete, it will be between 14°C and 23°C degrees, while the weather will be sunny most of the days, but with some rain as well. You can check the weather forecast in <u>http://www.gismeteo.com</u> before your arrival.

Do not forget to take a warm jacket for the evenings as well as your swimming suit as a marvelous beach will be waiting for us!

Useful contact information

- ✓ National Emergency Number: 100
- ✓ National Hospital number: 166
- ✓ European Emergency Number: 112
- ✓ IRTEA's Office Number: 0030 213 0250217
- ✓ Antonakakis George: 0030 6973594182
- ✓ Despina Papadaki: 0030 6981747424

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