



Erasmus+

NEET to Work

NOT IN EDUCATION
EMPLOYMENT OR TRAINING

2ND TO 10TH OF OCTOBER 2019

 BISTRITA, ROMANIA



About NEET to Work Project

(Not in Education Employment or Training)

This youth exchange will help the participants to understand the phenomenon of NEETS, what is causing it and why it continues to be a problem among member-states.

NEET to Work program will bring together youngsters from countries that have both a high and low percentage of NEETs in order to understand the measurements, the policies and the personal development tools available for them. By understanding what measures were taken and which projects were implemented by countries that have less NEETs, young people will more likely be able to spot the opportunities that will lead them to take action in order to increase the chance to get employed in the future. Our young participants will have the opportunity to learn through a non-formal approach how to gather new skills that are important for their future careers. All these among a multicultural framework where participants will learn about different mentalities, different approaches of the workplace and work-life balance.

The main objectives of the project are:

- To get the participants acquainted with the tools needed in order to get a job and/or start a business - an emphasis will be put on CV (Europass and other formats), letter of intent and personal branding.
- Getting to know the business environment and companies that operate in Bistrita region
- To familiarize the participants with the business inception process by completing a business plan for a virtual company - Increase the knowledge of participants about non-traditional work, seeking activities (LinkedIn accounts, cold emailing for finding a job, employability through Facebook groups or Instagram account)

About us

Bistrita Business Academy Association is a youth organization founded in 2017, in Bistrita, Romania by three professionals: a business owner, a medical doctor and a journalist, all active in the field of Non Formal Education long before the organization was implemented. The mission of the organization is to promote best practices in youth's personal and professional development with an emphasis on business knowledge and entrepreneurial skills. The aim of the association is to promote freedom, economic success and youth empowerment through business and entrepreneurial initiatives and the promotion of sports and healthy lifestyle.

Who can participate?

- Young people between **18 and 30** years old
- Able to understand and communicate in English
- Coming from **Greece, Sweden, Slovenia, Italy, Lithuania, Romania.**
- Open-minded, able to work in a multicultural group
- Who are willing to be filmed and/or photographed throughout the workshops and activities of the program
- Those who will fill the Participation Form

When & Where?

APV: 14th to 15th of September - Bistrița, România

Youth Exchange: 2nd to 10th of October 2019 - Bistrița, România

Bistrița is the capital city of Bistrița-Năsăud County, located in northern Transylvania. The population of the city is around 70.000. Bistrița is located at 120 km from Cluj-Napoca (2 hours by car), where is the closest airport. The main attraction of Bistrița is the Lutheran church, which was built by the Transylvanian Saxons and originally constructed in the 14th century in Gothic style. The Bistrița-Năsăud County Museum, located in a former barracks, contains Thracian, Celtic, and German artifacts.



Accommodation

Participants will be staying in 2-3-4 bed rooms, at **Hotel Select Bistrița**.
*bath linens and towels will be provided by the hotel.

Here -> <https://selectbistrita.ro/> you can find the accommodation.

How to reach to Hotel Select?

The hotel address is: Codrișor Street, Nr. 23, Bistrița

- From Bucharest Otopeni Airport to the main station with the bus (780), and then by train (CFR) to Bistrița. From Bistrița train station to Codrișor Street you can walk 15 minute or take a cab.
- From Cluj-Napoca Airport by bus to Bistrița, and then, from the bus station to Codrișor Street you can walk 15 minute or take a cab.

If the majority of the group arrives at the same airport, we can organise a private bus.

Financial Information

Important to know: Local currency is LEU – 1 LEU = 0,21 euro

Thanks to Erasmus + Program and European Union, this project is funded according to the terms and conditions below. Please Read them carefully!

Travel Reimbursement:

COUNTRY	NUMBER OF PARTICIPANTS/COUNTRY	TRAVEL ALOCATED LUMP SUM/PARTICIPANT
ROMANIA	5+1	20 €
ITALY	5+1	275 €
SWEEDEN	5+!	275 €
GREECE	5+!	275 €
LITHUANIA	5+1	275 €
SLOVENIA	5+1	275 €

** According to miles calculation, please confirm with us before buying the flight ticket*

The tickets will be booked by the participant (we would like to remind you that the flight tickets need to be economy class) and the ticket cost will be refunded to the participant as soon as you arrive at your country and send us all the boarding passes. If the ticket cost exceeds the maximum travel budget (see below) the participant should cover the difference.

ATTENTION!

ALL PARTICIPANTS NEED TO BRING AND SUBMIT THE ORIGINAL TICKETS, INVOICES WHERE THE PRICE IS SHOWN AS WELL AS THE BOARDING PASSES IN ORDER TO GET THEIR REFUND.

Invoices should be in EUR and your names should be written on the invoices.

If the participants do not submit the respective original documents to us, their payment will not be refundable.

Preparation

We kindly ask to bring information and prepare a short presentation about NEET situation in your country.

Cultural Night

It is a tradition that on one of the evenings during the activity, all the participants gather together and present food, drinks and even music and costumes, which they bring with them from home country. Therefore, this is a polite invitation for you to get some goodies from your country for the rest of us to try out!! A part from the food you might also get some information (posters, postcards, leaflets, etc.) about your home country for us to appreciate. Who knows, maybe we will come and visit you one day!

Usual expressions in Romanian language:

- Salut! – Hello!
- Ce mai faci? – How are you?/ How do you do? (formal)
- Mulțumesc! – Thank you!
- Te rog. – Please.
- Îmi este foame. – I am hungry.
- Îmi este sete. – I am thirsty.
- Cât este ora? – What time is it?
- La revedere! – Good-bye!/ Bye-Bye (familiar)
- Ne vedem în curând. – See you soon.

Weather

The average temperature, during the days of the Project in Bistrita, will be between 5 and 19 C degrees, Do not forget to take a warm jacket and suitable clothes for rainy days.

YouthPass!

At the end of the activity, all participants will get the certificate that confirms their participation –the Youthpass. It will be introduced at the beginning of the working session. The daily reflection activities will give the participants the chance to reflect on their learning process. Participants will have the possibility to fill in the competences' lists within a month after the project and the organizers will send by e-mail the list of the competencies.

Health Insurance!

All participants will be required to obtain medical insurance prior coming to Romania. An European health card can be obtained for free and is valid in Romania.

Additionally, you can acquire a private medical insurance which must:

- Contain the name of a foreign insurance company and an indication of its location, telephone numbers of foreign insurance organizations or international assistance services, as well as the surname, first name, middle name (if available) of a foreign citizen;
- Be valid on the territory of Romania;
- Be valid for a period of temporary stay or temporary residence of foreign citizens in Romania;

A medical insurance contract with foreign insurance organization can be confirmed by an insurance policy, an insurance card or other document containing the abovementioned information about the medical insurance contract.

Please, pay attention that:

- The health insurance is fully the participant's responsibility.
- The costs of the health insurance cannot be reimbursed.

Note to Remember!

- Bring comfortable clothes and shoe for daily use and all indoor and outdoor workshops.
- Don't forget to bring your medicines with you (if any) & always keep them in a known area in case of emergency.
- Always declare to your coordinator in case of sickness or food allergic
- Bring Flip flops, Cosmetic and personal toiletry items (shampoo, soap etc.)

Please, let us know if you have any requirement that we would need to consider for your well-being, like special diet, vegetarian, vegan, gluten-free, allergies, etc. Hopefully we won't need it, but do not forget to bring your European health card with you.

You are also more than welcome to reach us directly on this email:

asociatiabba@gmail.com

And now, pack your bags, fill your heads with ideas and come meet us and many other young Europeans in Bistrita. We are looking forward to meeting you!

See you soon!

*Florin MARGINEAN, president of
Bistrita Business Academy*